

**Aura Breakfast** \$17  
Two eggs any style, hashbrowns with caramelized onion & chives , Sun Wing Farms tomatoes, sausage, bacon, ham & toast

**The Point Breakfast** \$16  
Two eggs any style, hashbrowns with caramelized onion & chives, Sun Wing Farms tomatoes, choice of bacon, ham, sausage and toast

**Aura's Eggs Benedict** \$16  
Served with hashbrowns with caramelized onion & chives

- Traditional Benny Toasted English muffin, back bacon, hollandaise sauce
- Dungeness & Snow Crab Benny Baby arugula, red onion, hollandaise sauce
- Spinach and Thyme Benny Roasted Roma hollandaise sauce

**Omelets** \$16  
Served with hashbrowns, tomatoes, caramelized onion & chives and your choice of toast. Please, no substitutions. Extra ingredients \$1.50

- Wild B.C. Mushroom Omelet Caramelized onion, asparagus & Swiss cheese
- Dungeness & Snow Crab Omelet Sweet red onion & peppers, fresh tarragon, goat cheese
- Double Smoked Bacon Omelet Peppered ham, scallion, tomato & aged white cheddar

**Continental Breakfast** \$15  
House-made croissant or pan chocolate, muffin & jam, fresh fruit & yogurt, granola or cereal

**Rancheros Hash** \$17  
Two fried eggs with sweet potato & cumin black bean hash, served with smoked tomato salsa, guacomole & baked tortilla

**Buttermilk Waffles** \$13  
Caramelized apple with berry compote. Topped with a cinnamon crème fraiche

**French Toast** \$12  
Thick sliced brioche caramelized apple with berry compote. Topped with toasted walnuts

**Fresh Fruits & Berries** \$12  
Assorted melons, golden pineapple, berries & grapes with a vanilla sugar

**Steel Cut Oatmeal** \$9  
Caramelized apple, toasted walnuts, maple sugar

All entrees served with Torrefazione Coffee or Mighty Leaf Bagged Teas.  
AURA is proud to serve Omega 3 eggs & supports our local farmers where possible.

**Ocean Wise**  Recommended by the Vancouver Aquarium as an ocean-friendly seafood choice.

breakfast

## sides

Ham, bacon or artisanal sausage	\$5
Assorted dry cereals	\$4
Assorted house-made muffins & assorted pastries from our baker	\$3
Hashbrowns with caramelized onion & chives	\$3
Toast - White, Brown or Multigrain	\$3

## bean

Torrefazione Coffee	Our house coffee	\$3
Espresso	Single - add \$1 for extra shot	\$3
Cappuccino/Latte	Espresso with satin foam + milk	\$4
French Press	3 cup french press with Torrefazione coffee	\$7

## juices

Tropicana Orange, Grapefruit & Apple	\$3
Cranberry, Tomato & Pineapple	\$3
Fresh Squeezed Orange & Grapefruit	\$6

## mineral

San Pellegrino	Italian sparkling mineral water	250ml \$4	750ml \$7
10,000BC Glacial Water	The purest BC Coastal Mountains glacier-sourced bottle water		750ml \$10

## leaf

Mighty Leaf Premium Bag Teas	Organic Breakfast, Organic Earl Grey, African Nectar (Rooibos), Chamomile, Organic Mint, Tropical Green Tea	\$3
SILK ROAD Loose Leaf Teas	Locally blended premium teas. Also available in our gift shop.	\$4
Euphoria	Herbal Tea - Laurel Point's exclusive tea blend to gently calm the soul and lift the spirit	
Angelwater- tea of serenity	Herbal tea - a subtle, sweet & mellow cup of tea	
Seamist- mermaid's potion	Herbal tea - blend of crisp mint & sweet lemongrass, with a seaweed note	
Philosophers Brew - tea of enlightenment	Herbal tea - a luscious, lemony cup of tea with a bright golden hue	
Silk Road Chai- warms body & soul	Black tea - well balanced composition of aromatic spices & mellow black tea	
Peach Paradise - a perfect seduction	Black tea - a delectable fruity, peach flavour creates a satisfying cup of tea	
Japanese Sour Cherry - cherry haiku	Green tea - delicate cherry & sencha with a beguiling, fruity aroma	

